

How many first aiders do you need?

The number of first aiders and appointed persons depends on the level of risk, the number of staff and other factors such as the number of shifts and sites you operate. Have a look at the [Health and Safety Executive \(HSE\) guidance](#)

The [HSE leaflet *First aid at work: Your questions answered*](#) (PDF, 207KB) provides further information on the number of first aiders depending on the level of risk identified.

Risk category: low (e.g. shops, offices and libraries)

- Fewer than 50 employees: at least one appointed person.
- 50-100 employees: at least one first aider.
- More than 100 employees: one additional first aider for every 100 employed.

Risk category: medium (e.g. light engineering, food processing plants and warehouses)

- Fewer than 20 employees: at least one appointed person.
- 20 to 100 employees: at least one first aider.
- More than 100 employees: one additional first aider for every 100 employed.

Risk category: high (e.g. construction sites, chemicals manufacture and work with dangerous machinery)

- Fewer than 5 employees: at least one appointed person.
- 5 to 50 employees: at least one first aider.
- More than 50 employees: one additional first aider for every 50 employed.